# IJF Rules update Olympic cycle 2022-2024



## **SPORT**

## Applicable from GP Portugal, 28-30 January, 2022

## New weigh-in time

The new weigh-in time will be at 18:00 (6 pm) the day before the competition.

## • Olympic Games 2024 Qualification period

The Olympic Qualification will start on 24th June 2022 and finish on 23rd June 2024.

### • Regulations for Mixed Team Events

If an NOC qualifies for the Olympic Games mixed team event, all athletes who qualified for the individual competition can take part in the mixed team competition, up to a maximum of seven (7) women and seven (7) men.

#### • IJF World Ranking List

If an athlete on any IJF WRL changes their nationality, they will keep all WRL points.

#### Participation rules for World Championships Seniors

Only athletes ranked number 1-100 $^{*}$  in the senior WRL, and athletes ranked number 1-16 $^{*}$  in the junior WRL, can take part with each National Federation allowed to enter:

Up to 9 entries for women with maximum 2 athletes per category.

Up to 9 entries for men with maximum 2 athletes per category.

#### **EDUCATION AND COACHING**

Applicable from GS Paris, 5-6 February, 2022 with tolerance until GS Ulaanbataar, 24-26 June, 2022 (start of OGQ)

#### Judogi compliance

If the judogi does not comply with the rules no reserve judogi will be provided and the athlete will be disqualified from that contest.

#### Spare judogi supply

The replacement judogi must be used only in the following cases:

- Torn judogi during a contest.
- Bloodstains or any other apparent stains during a contest.
- Lost or stolen judogi (airline/train baggage claim or police report need to be provided).
- Judogi made unsuitable for use in competition during the competition and observed by the IJF controllers.

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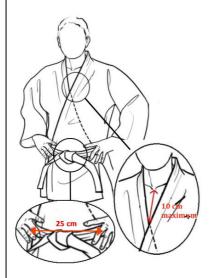
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## • Judogi pre-control and backnumber check

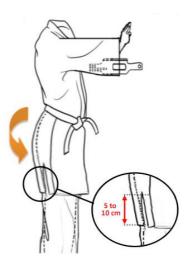
The IJF will arrange a judogi pre-control and backnumber check starting two days before the first competition day, until the day before the last competition day. The judogi pre-control will be operated upon request of the athletes who wish so. For this purpose, the competitors should wear their judogi with the belt tightened. The exact time shall be mentioned in the outlines of the event.

## Judogi rules



The distance of the crossing points of the jacket, at the belt level, is increased up to 25 cm (instead of 20 cm). The belt should be worn just above the hip bone and be tied tightly. *left image* 

The jacket must cover the buttocks completely (plus 5 to 10 cm). *right image* 



## • Random weigh-in

Random weight checks for athletes may be organised and are the responsibility of the IJF Education and Coaching Commission.

For IJF WJT events the random weigh-in will open one hour before the start of the competition each day. The athlete will have the opportunity to be weighed from one hour before the start of the competition until approximately 30 minutes before his first contest at the latest.

The athletes do not need to bring their passports, as their accreditation is sufficient for identification. The weight of the athlete cannot be more than 5 % higher than the official maximum weight limit of the category.

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# IJF Rules update Olympic cycle 2022-2024



## **MEDICAL**

## Applicable from GP Portugal, 28-30 January, 2022

## • Bleeding injuries

During a contest a bleeding injury may be treated by the doctor on two (2) occasions. If the same bleeding requires treatment for the third time, the referee should declare the opponent the winner by kiken-gachi. However, the IJF Ad Hoc Commission in consultation with the IJF Medical Commissioner can decide to allow the same bleeding injury to be treated more than two (2) times. If bleeding cannot be stopped, the IJF Medical Commissioner will inform the referee who declares the opponent the winner by kiken-gachi.

## • Finger/toe dislocation

For the preservation of athletes' joint health, especially of those who lack experience in self-treatment, athletes are allowed to seek medical help for finger/toe joint resetting, including resetting and taping to secure the joint.

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